

New Hope Missionary Baptist Church
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Participant Handout

2026 Annual Theme: Hope in Motion

BIBLE STUDY
October 7, 2026

October 2026 Theme: “Never Forgotten”

Lesson Subject : “The Lord’s Prayer” Jesus
teaches the Disciples how to Pray
Matthew 6:5-13
(focus verse 9)

Topics

- Scripture Reference
- Reflection Questions
- Outline
- Introduction
- Background and context
- Explore the Text
- Checking for understanding
- Life Application

Scripture Reference (KJV):

The Lord's Prayer

5And when thou prayest, thou shalt not be as the hypocrites are for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. 6But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

7But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. 8Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

9**After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.**

10Thy kingdom come. Thy will be done in earth, as *it is* in heaven.

11Give us this day our daily bread.

12And forgive us our debts, as we forgive our debtors.

13And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, forever. Amen.

Reflection Questions:

Question 1. Have you seen the power of prayer manifested in your Life? If so How?

Question 2: Why do you believe it is so tough for people to pray consistently?

Question 3: What are some methods that you have used to ready your heart for prayer?

Outline – Matthew Chapters 1-6

Genealogy of Jesus the Messiah **Chapter 1**

The Wise Men Search and Discover the Messiah **Chapter 2**

John the Baptist came Preaching and Baptizing **Chapter 3**

Post baptism Jesus is led in the Wilderness by the Spirit **Chapter 4**

Sermon on the Mount Jesus instruction of the B Attitudes **Chapter 5**

Jesus teaches His Disciples how to pray **Chapter 6**

Introductory

The Gospels are the most fascinating and extraordinary biblical text in scripture. The term Gospel is defined as the Good News! What is the Good news, Jesus the Messiah has come to die for the sins of the World. There is a total of Four Gospels in Protestant Christian Scripture Matthew, Mark, Luke and John. These Gospels are not written or presented in a

first-person framework, rather these texts possess a touch of narrative, hymn, proverbs or sayings, and doxology. Who could pass through these transformative texts that present the Life of Jesus Christ without being convicted, encouraged, and ultimately experience the depth of hope that can be found in Jesus saving Power!

As we travel through the Gospel's, one thing is clear prayer is a priority in Jesus' life and ministry. Jesus is found rising early in the morning to pray **Mark 1:35**, while Jesus was preparing to do miracle signs and wonders, What does Jesus do he stops and prays **John 17:1**, and even in his passion with impending death before him Jesus prays **Luke 22:39-44**. Lest we forget on the Cross where he solidified the redemptive power and work of the Grace of God toward the World Jesus prayed that chilling Prayer to his Father: My God! My God! Why have thou forsaken me! **Matthew 27:46**

For the next couple of weeks our focus will turn to the Lord's Prayer located in **Matthew 6:9-13**. We will gather and discuss some introductory information about prayer, We will examine and cover the key principles of prayer, then we will provide information that will hopefully intrigue all of us to build a more consistent purposeful prayer time with God.

Background and Context

Matthew 6:9-13 It is widely acknowledged that these five verses happen to be the most well-known most memorized and most recited portion of scripture since the inception of Christianity

The Importance of Prayer

Martin Luther

Martin Luther made this comment about the inimitable nature of the Lord's Prayer: Since our Lord is the author of this prayer, it is without doubt the most sublime, the loftiest, and the most excellent. If he, the good and faithful Teacher, had known a better one, he would surely have taught us that too.

Bonhoeffer

Bonhoeffer Acknowledges its comprehensiveness All the prayers of the Holy Scriptures are summed up in the Lord's Prayer and are taken up into its immeasurable breath.

Richard Foster

For a longtime I have wanted to write on the subject of prayer. To do so, however, would have been to commit the sin of presumption. I was not ready, I had more- much more – to experience

Prayer ushers us into the Holy of holies, where we bow before the deepest mysteries of the faith, and one fears to touch the Ark.

Explore the Text

Now that we have examined the importance of Prayer let us take out the time to review three areas of focus briefly:

- **Prayer Defined**
- **Posture of Prayer**
- **Pronouncement of Prayer**

Prayer Defined

Prayer properly speaking, is a petition which we make to God for the things which pertain to our salvation; but it is also taken in another, broader sense to mean raising of the ear to God.

- **Pray(er)** Matthew 6:7 Mark 11:24
- **Petition** Luke 18:1
- **Power that can Provide** Matthew 6:33, Matthew 7:11
- **Praise and Servitude** Roman 12:1, Psalm 136 :1-5

We must begin with the fact that Israel always viewed prayer as conversation and worship in communion with a personal God.

In its original sense of petition, prayer is a universal phenomenon, whenever people believe that they are in some way dependent on some higher not subject to their control. **Matthew 5:3**

Samuel Balentine's "prayer is the quintessential dialogue of faith in which God and humanity work in partnership to maintain covenant relationship."

Much of the language and practice of Christian prayer is derived from the Jewish Bible and Jewish prayer life at the beginning of the Christian era.

Jewish style: Prayer in the Old Testament and Early Judaism, It ought not to be too controversial to say that the Lord's Prayer is a Jewish style prayer. Before making full sense of it, it behooves us to study the biblical, Jewish roots its orientation, language, worldview and theology.

Posture of Prayer

There are so many people who ask the question, what is the right physical posture we should position ourselves to pray? I believe that the physical posture should be a representation of the heart's posture toward God. **Matthew 15:1-9, Isaiah 29:13, Matthew 26:9**

In antiquity prayer usually involved spoken words and gestures. The early Church took over from Judaism the posture of standing with hands upraised **1 Tim 2:8**, Other gestures include kneeling **Luke 22:41** and prostration **Matthew 26:39**

Pronouncement of Prayer

During our times in which we live we engage in praying in silence. Such as during the moments prior to us eating we say our grace or we have been instructed or requested of someone whisper a prayer for me.

Prayer may be offered privately by an individual Matthew 6:6 or publicly in a formal act of worship.

God is regarded as totally competent in all matters and because man is always dependent on him Christians are told to always pray **Phil. 4:6 1 Thess. 5:17**

Origen

Origen distinguished the words for prayer **1 Tim. 2:1** and supplication is petition offered with entreaty” by one who needs something, prayer’ is offered in a dignified manner with praise concerning matters of importance; intercession” is a request to God... made by one who possesses more than usual confidence”. And thanksgiving is an acknowledgement that blessings have been obtained from God

Check for Understanding:

1. Define prayer

2. What is the correct posture of prayer?

3. Is there a difference between corporate prayer and individual prayer?

Life Application: We never become the experts at prayer. As followers of Christ, we must remain eager to learn more things about the power of Prayer. There is someone that needs your prayers daily can the Lord count on you to pray fervent prayers for them.